



Block Size: 6½"

Finished Size 6"

Fabric: Yellow (or other choice) for the flower
Green for the leaves

Block Construction:

1. Free motion stitch the stem using green thread similar in color to the fabric of the leaves.
2. & 3. Use fusible interfacing or bond the leaves to the background. Free motion stitch around the leaves with the thread used for the stem.
4. Use fusible interfacing or bond the flower to the background. Free motion stitch around the flower using coordinating thread. Free motion stitch a series of lines, curves and/or circles with contrasting thread to create the flower center.

Tips:

Use two strands of thread, one metallic, and a sewing machine needle for metallic thread to prevent breakage.
To accomplish free motion stitching, lower the feed dogs and use a darning foot.