



Block Size: 6½"

Finished Size 6"

Fabric: White background for center of block 4½" square.

Black and white for checkerboard and red/orange for poppy.

Green, yellow and burnt orange embroidery floss.

Block Construction:

1. Use green floss and a stem stitch to make the poppy stem and leaf.
2. Appliqué the poppy in one piece. Use embroidery floss and a stem stitch to delineate the petals.
3. Use yellow embroidery floss to make a series of French knots for the poppy center.
4. Cut 1" wide strips of the black and white fabrics for the checkerboard.
5. There are 8 of each color for the sides and 12 of each color for the top and bottom.
Refer to the following diagram for block assembly:

